

League Rules U7 and U8

- 1. Playing time for each game will consist of four 10 minute quarters with a 2 minute break between quarters and a 5 minute half time break.**
- 2. Ball Size-3.**
- 3. Players on the field will be 5 from each team- 5v5 with a Goalkeeper.**
- 4. No player may play Goalkeeper more than one quarter.**
- 5. Player substitution will be made at quarter break or in the case of injury.**
- 6. All free kicks will be indirect and opponents must be 4 yards away before the kick is allowed.**
- 7. Out of bounds play will be restarted with a throw in from the touch line. Two opportunities will be allowed to correctly throw the ball in.**
- 8. Goal kicks allowed. Opponents must be 4 yards away from the ball.**
- 9. Corner kicks awarded and opponents must be 4 yards away from the ball. Players are not allowed inside the goal area on a corner kick until the ball crosses into the marked goal box.**
- 10. Player participation-Each player must play one half of every game. It is the coach's responsibility to ensure each player receives this opportunity.**
- 11. Non-competitive age group. No official score is kept and rules are modified to encourage free play for young players. In U7, coaches will be on the field of play directing the game. U8 games are officiated by a licensed USSF referee and coaches are not allowed onto the field of play.**
- 12. Shin guards are required. Soccer cleats are encouraged but players may play in tennis shoes. Baseball/softball cleats with a toe cleat are not allowed.**
- 13. Participation awards are given to every player at the end of the spring season.**
- 14. All spectators must limit themselves to the area across from their team bench and a minimum of 3 meters from the touchline. Fans may not position themselves behind the goal line. In all cases, the referee will be the final judge on positioning of the fans in accordance with USSF and MYSO policy.**